



**Cancer
Society**

Te Kāhui Matepukupuku
o Aotearoa

AUCKLAND NORTHLAND

Cancer Support Series 2021

Strategies for coping with cancer

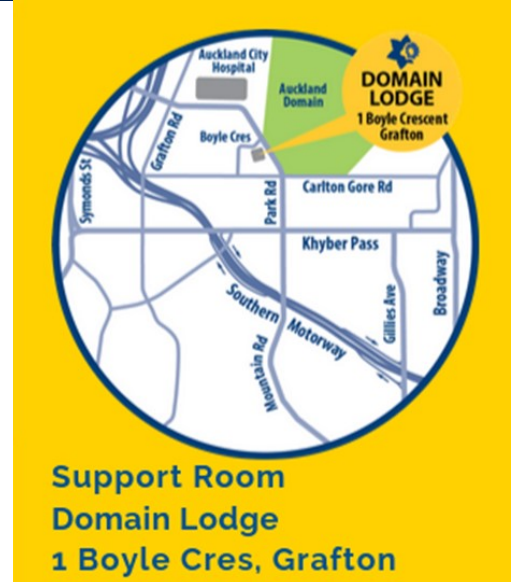
FREE TALKS presented by a Cancer Society Psychologist.

Come along to hear about a range of topics to help you cope with the impact of cancer on your life.

When: Fortnightly on Thursdays

12.30-1.30pm

Where: Support Room, Domain Lodge,
1 Boyle Crescent, Grafton.



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| May | 6th May - Strategies for Supporters |
| | 20th May - Finding a New Normal (for people finishing/finished treatment) |
| June | 3rd Jun - Coping with emotions and communication |
| | 17th Jun - Stress Management and Sleeping easy |
| July | 1st Jul - Strategies for Supporters |
| | 15th Jul - Finding a New Normal (for people finishing/finished treatment) |



Limited spaces available. For further information
Ph:0800 CANCER (226 237) or visit cancernz.org.nz