





Kate Reid, Chairman, Cancer Society of New Zealand Canterbury-West Coast Division

## Chairman's Report

The demands on our services have continued to grow throughout the region this financial year, with staff and volunteers working tirelessly to reduce the impact and incidence of cancer in our community. This is done in various ways; by providing supportive care and information to people affected by cancer, their family/whānau and carers; by delivering health promotion programmes focusing on cancer prevention; by working collaboratively with organisations who share similar goals to the Cancer Society; by supporting and funding research locally and nationally into the prevention, treatment and cure of cancer and, finally, by being proactive in an advocacy role for people across the cancer continuum. On behalf of the Executive Committee I thank our Chief Executive, Elizabeth Chesterman, and all staff and volunteers for their unfailing commitment to the work of this Division.

Nine years on from the earthquakes rendering our Manchester Street site no longer fit for purpose, considerable time and energy has been spent on scoping potential Christchurch properties for the Division's use. The Property Committee, led by Richard Green, has been involved in discussions with the Canterbury District Health Board (CDHB), developers, real estate agents, project managers, architects, planners and fundraisers to ensure we get the best possible advice for future proofing the needs of the people we serve.

The sale of our 246 Manchester Street property was transacted during the year, with the money invested until a new site is secured to relocate our accommodation and community centre together. In rethinking our future property strategy, we met with key CDHB personnel to discuss future cancer services in our region, including the increasing numbers of patient referrals from outside our region requiring accommodation while receiving treatment in Christchurch.

Our Timaru property has been extended to meet the need in South Canterbury, and we opened a hub in Rolleston to support the growing population in the Selwyn District. This has been very successful and well supported by the community from the first day of opening on 1 June 2018.

In partnership with our Rural Cancer

Support Groups, six Summer Studentships were offered this year. This is an excellent way to encourage student researchers to undertake a range of valuable projects under the supervision of our top researchers in the Canterbury-West Coast Division. We also contribute, through levies, to the Cancer Society of New Zealand's National research projects. The Cancer Society Tissue Bank under the curator, Helen Morrin, continues as a fruitful and valuable partnership between our two organisations.

The Cancer Society of New Zealand (CSNZ) Strategic Plan began with discussions mid-2018 – this plan, developed with Ernst Young's assistance, will provide a framework for our Divisional Strategic Plan due in 2019.

'*Cancer Care at a Crossroads*' national conference was held in Wellington in January. The largest cancer policy meeting in 15 years, it united the country to consider the future of cancer control in New Zealand and resulted in a petition, championed by Blair Vining, calling for the Government to develop a Cancer Control Agency. The Minister of Health has agreed to the call for a national cancer plan and our Medical Director, Dr Chris Jackson, is working hard to ensure the plan is comprehensive, wide ranging and ambitious.

I wish to acknowledge the ANZ Bank – principal sponsor of Daffodil Day and major sponsor of the Cancer Society of New Zealand throughout the year. To the committed sponsors of all our events, and our collaborative

relationships with other health and community agencies in our Canterbury West Coast Division, I thank you for another positive year towards meeting our mission statement.

My final thanks to the Executive Committee who give their time willingly to support the work of the Division. Special acknowledgment must go to Birgit Dijkstra. Birgit resigned from the Executive Committee at the last Annual General Meeting due to work commitments. As a surgeon, her skills are much needed and valued by those in her care and the long



Blair Vining's petition, signed by more than 90,000 New Zealanders, called on the government to create a national cancer agency.



The ANZ Bank is the Cancer Society's principal sponsor for Daffodil Day.

hours and demands on her time have meant we must allow her to fulfill her professional role. We look forward to her return when and if she is able. Thankfully, Birgit is still available to our Research and Grants Committee, where her knowledge and skills are greatly appreciated.

> Kate Reid Chairperson



Elizabeth Chesterman, Chief Executive

### **Chief Executive's Review**

As the Annual Report for the 2018-2019 year goes to print, we were delighted to hear that our Chairman, Kate Reid, was awarded a Queen's Service Medal in the 2019 Queen's Birthday Honours. Kate's long and committed service to the Cancer Society of New Zealand, since 1987, has been outstanding. She has added considerable value to Supportive Care, Research and Volunteer Services through her extensive and well-respected palliative care networks and knowledge. The Queen's Service Medal is a wonderful acknowledgement of Kate's commitment to the mission of the Cancer Society and the Palliative Care movement and her supportive and caring attitude to all people.

It is important to acknowledge the significant and generous support we continue to receive from our community, our sponsors, our donors, our volunteers and our staff members. Without this wide reaching financial and practical support we could not continue to offer our free services across

the Canterbury-West Coast region as we work towards *'reducing the impact and incidence of cancer'*.

Last financial year, I reported our Division's activity in determining future property and location needs, with a number of projects, including the refurbishment of our Mid-Canterbury Centre, the establishment of the Selwyn Centre in Rolleston and the re-development of our South Canterbury Centre. Since then, I am pleased to report that the Selwyn Centre's first year has exceeded our expectations with more clients, visitors and referrals than predicted. The Mid-Canterbury Centre in Ashburton continues to be a welcoming and accessible place for patients, volunteers and community groups and the South Canterbury Centre team in Timaru eventually returned to Memorial Avenue in November to a larger, brighter and more accessible refurbished building.

The Executive Committee agreed to a change of name of the Oncology Lecture Theatre at Christchurch Hospital in the Cancer Society's Information and Learning Centre to honour the late Dr Steve Williams. Steve, a popular and respected Oncologist at Christchurch Hospital, died in July 2018. A particularly moving naming ceremony was held at the Steve Williams Oncology Lecture Theatre on 4 March 2019.

Income development, including fundraising



West Coast gardeners generously opened their gardens for public viewing at Garden Galore in January while another West Coast tradition, the annual Tractor Trek drew a colourful collection of vehicles and their passengers. Greymouth Si

and special events, is as important as ever as we face the challenges to raise the more than \$5.5 million required last year to ensure the Division was able to deliver its extensive range of services. It is important to recognise the generosity of our donors and supporters from throughout our region, and not to forget the generous bequests we receive throughout the year.

Our Health Promotion team has ensured the Cancer Society's voice is heard throughout the Division, especially in relation to our goal for a Smokefree Aotearoa 2025. More than 140 cafes are now leading the way in promoting Smokefree outdoor dining as part of our Christchurch initiated Fresh Air Project. We have now been joined by partners in Otago, Nelson, Wairarapa and Whangarei.

The first evaluated trial of a smokefree and vapefree town centre – *Breathe Easy Hanmer Springs* – was launched in February in partnership with Canterbury DHB and the Hurunui



District Council. On 14 February, to coincide with Valentine's Day, the message "giving the gift of fresh air" was promoted. Work is also proceeding with the Ashburton District Council with the goal of making Ashburton the first Smokefree town in New Zealand.

Throughout the Canterbury-West Coast Division, the gift of food, especially at times like Christmas, can make a difference to the lives of people with cancer and their families. Volunteer Linda Smith loads up gifts donated by the Rotary Club of Christchurch.



Breathe Easy in Hanmer Springs

The Cancer Society's Ashburton support group was the recipient of \$50,000 of the proceeds raised by the Mid Canterbury Shear for Life event in support of cancer-related charities.





'How big is your school's heart?' Rolleston Primary School was one of several schools in the Selwyn district to demonstrate heartfelt wishes on Daffodil Day

The haunting notes of the lone piper are a moving tradition at the Relay For Life candlelight ceremony. Dusk settles on the candle bags at the Selwyn event, each remembering a loved one lost to or journeying through cancer. The Selwyn event, initially planned for 16 March, was rescheduled due to the March 15 Mosque attacks, with a condensed time-frame.



SunSmart school pupil Rose Ford shows off her UV beads and Cancer Society sunhat.

A study, undertaken by the Health Promotion team, on the attitudes of Christchurch dairies to the sale of tobacco was published in the July 2018 New Zealand Medical Journal. The team also co-ordinated a Summer School with the University of Otago School of Public Health on tobacco supply reduction in Aotearoa in February 2019.

Sixty-two per cent of Canterbury and West Coast schools are now registered in the SunSmart Schools Accreditation Programme. This means that 34,000 students now attend schools in our region where SunSmart behaviour is promoted to an internationally recognised standard.

I am conscious that people are often unaware of the depth and breadth of the services offered by the Cancer Society, which is why our relationship with all sectors of our community, including health, welfare, education and service, is so important. The more people and community groups who are aware of our services the more the word can be spread to those who could benefit.

Having cancer can be hard but getting help shouldn't be! That is why we operate an 0800 CANCER (0800 226 237) free helpline with



A small way to make a difference in someone's life

A project that has connected the Cancer Society in a very special and meaningful way with our wider community was our introduction of a recyclable and more environmentally friendly bag for patients receiving treatment in the Oncology Department at Christchurch Hospital. Unfortunately, the utilitarian brown paper bags looked a little dull, but did provide a perfect blank canvas for some individual creativity. Schools from across our region embraced the opportunity to decorate the bags, keen to assist because everyone knew someone who had been affected by cancer. Hundreds of uniquely crafted bags have now been delivered to the Oncology Department providing joy and hope to patients, while they also act as conversation starters in the waiting room and, at the same time have offered an opportunity for our younger generation to learn a little about cancer and kindness to others.

the tag line, Any Cancer, Any Question, last year receiving 1600 calls from around our region.

12,500 bed nights were provided for patients who needed to stay in Christchurch while having cancer treatment. This meant that 800 people from outside Christchurch had a warm and comfortable bed in a welcoming and supportive environment, while they coped with their cancer treatment. Most people stayed at one of our two accommodation facilities, Daffodil House at 91 Papanui Road and Daffodil Lodge at 48 Riccarton Road however, for some of our guests, we were required to find motel accommodation due to our stretched capacity. With accommodation referrals continuing to increase, the pressure is mounting on the Cancer Society to find new and extended facilities.

Without the support of our Division's 598 registered and active volunteers we could



The Cancer Society Volunteer Driver Service offers transport for patients who need a ride to treatment and is provided by wonderful volunteers like Christchurch's Kevin Douglas.

PLEASE WELCOME TO THE STAGE CARRIE BROOMHALL

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CANCER SOCIETY BALL

> Carrie Broomhall's moving personal story inspired the more than 700 guests at the 2018 Harcourts Cancer Society Ball at Horncastle Arena, the event generously sponsored by V-Base and Singapore Airlines.

not support the Canterbury and West Coast communities in the way we do. More than 250 of these volunteers are drivers who travelled more than quarter of a million kilometres to deliver people to 4500 medical appointments during the year.

I am constantly overwhelmed by the generosity of our community and with the wonderful stories I am privileged to hear from people who are grateful for our services. This review barely touches on the variety of the work or the multitude of helpers, donors and sponsors we come in contact with over the course of the year, however, hopefully it can offer a small sample that you can share with others –with your help there will always be hope.

Elizabeth Chesterman Chief Executive



Staff from our South Canterbury Centre took a break on one of the 10 bench seats donated to our region by the NZ Certified Builders Association – Apprentice Challenge 2019



Archibald Motors in Christchurch asked the public to Drive for Good and vote for their favourite charity, bringing \$7200 to the Cancer Society





A racy new Holden Trax, a vital replacement for one of our aging vehicles, was kindly donated by Blackwell Motors in Christchurch



A vehicle of an earlier vintage conveyed some of the daffodils packed in Ashburton for the Society's biggest fundraising event of the year.

Gwenda Ireland's 31 years of volunteer service to the Cancer Society was recognised with the Mayor's Civic Award for Public Service to the Ashburton community, and celebrated here with her husband Peter





Generous support from South Island Lions Clubs keeps our daffodil shuttle on the road, running 12 times each day ferrying patients from our accommodation to Christchurch Hospital for treatment.



Daffodil House, 91 Papanui Road is one of two accommodation venues for patients who need a home-away-fromhome while receiving cancer treatment in Christchurch.

## Treasurer's Report

For the year ended 31 March 2019

The year to 31 March 2019 has been a busy and challenging one for the Division.

From a financial perspective, the Division had another strong year, recording an operating surplus of \$636,000, while the Trust Board recorded an operating surplus of \$572,000.

Once again, the surplus for the Division occurred due to a significant number of bequests and legacies received – \$2.3 million for the year. Our other fundraising activities generated in excess of \$2m of income.

I am continually humbled by the financial support we receive from the community. Without this ongoing support the Division would not be able to deliver the services provided. To all those people who have helped during the year – thank you.

The continued focus this year has again been on our ongoing property needs for patient accommodation and community facilities. This has been a very timeconsuming exercise and we are still not settled on a solution that is both financially affordable and will meet our physical needs into the future. Work on this project continues.

During the year we settled on the sale of the Manchester Street land. These funds, along with money previously received for insurance for the Manchester Street building and the sale of Davidson House, will form the nucleus of the funds available for any future property projects. Because of the uncertainty around the timing of these projects the funds of both the Trust Board and the Division have been kept in reasonably liquid investments.

Other key projects undertaken during the year that have financial implications for the Division are:

- The completion of renovations and an extension to the Division's facilities in South Canterbury
- Opening a centre in Selwyn
- Continuing with our repair work and committing to a programme of refurbishment of the rooms at Daffodil Lodge and Daffodil House.

The Division has some challenges ahead as we continue to meet an ever-growing demand for our services. Fortunately, we are in good financial shape which will enable us to serve the community that so willingly continues to support us.

> David McCone Treasurer

The summary statement of financial performance for the reporting entity Cancer Society of New Zealand Canterbury-West Coast Division Inc ("the Society") is presented on the opposite page. The full financial statements comprising the Society and its controlled entities, the Cancer Society of New Zealand Canterbury-West Coast Division Trust Board ("the Trust Board") and The Tissue Bank Research Trust ("the Trust"), together "the Group", are available upon request and can be viewed at our centres in Christchurch, Ashburton, Timaru, Greymouth and Rolleston. The statements can also be accessed for the Group and the controlled entities via the Charities Services website, www.charities.govt.nz.

#### Cancer Society of New Zealand Canterbury-West Coast Division Inc

Accommodation

Accommodation

Administration

Supportive Care

Distribution to Trust Board

TOTAL EXPENDITURE

Distribution to the Tissue Bank

Net Operating Surplus/(Deficit)

Fundraising

Research

Sundry

Volunteers

Bequests

Investment

Sundry

Income analysis for the year ended 31/3/19 (Society only) \$ % 910.943 14.8% 2,312,681 37.5% Donations & Grants 495,782 8.0% 185.903 3.0% Other Fundraising 2,078,132 33.7% Other Fundraising 33.7% 185.032 3.0% 6,168,473 100.0% Distribution from Trust 6,168,473 TOTAL INCOME Expense analysis for the year ended 31/3/19 (Society only) \$ % 1,253,984 22.7% 744,550 13.4% 955,864 17.3% Health Promotion 9.3% 513,281 296,249 5.3% 0.1% 7,219 1,590,726 28.8% Supportive Care 170,486 3.1% 28.8% 5,532,359 100.0%

800,000

160,000

6,492,359

(323, 886)





### Grants distributed by the Division 1 April 2018 to 31 March 2019

#### National levy to the Cancer Society of New Zealand

Scientific Research

- \$175,749

Operating Research

- \$261,004

#### Grants to Research

Dr Elisabeth Phillips, Local Research Fellowship Grant (\$25,000 per year for 3 years) – \$25,000

Prof John Evans, Correlation of extracellular protein (collagen-1) architecture with expression of pathway molecules in ovarian cancer cells – \$3000

Assoc Prof Gabi Dachs, Testing a new anticancer agent in a model of ovarian cancer (funded by the Estate of Maree Elizabeth Britten) – \$5000

#### **Cancer Society Tissue Bank**

Annual contribution from The Tissue Bank Research Trust for operational costs of the Christchurch Hospital-based Cancer Society Tissue Bank – \$69,000

Additional grant for Helen Morrin, ISBER 2018 Meeting, Canada - \$3098

#### Grants for Professional Development and Education

Alex Tino, 5th International Conference on Tumour Microenvironment and Cellular Stress, Crete, Greece – \$2500

Dr Elisabeth Phillips, British Society of Proteome Research (BSPR) Data Workshop and Annual Scientific Meeting of the BSPR, Bradford, UK - \$380 Christina Wohlrab, NZ Society for Oncology (NZSO) Conference, Queenstown – \$500

Dr Abel Ang, NZ Society for Oncology (NZSO) Conference, Molecular Biology Meeting, Australasian Society for Immunology Meeting, Queenstown – \$925

#### Summer Studentships – University Otago, Christchurch 6 Research Projects @ \$5000 each

'Long term complications of surgery and radiotherapy for prostate cancer' Student: **Brennan Carne** (funded by Cancer Society of New Zealand Canterbury-West Coast Division & Cancer Society Ashburton, Greymouth & Malvern Groups)

'Spitting the Dummy – a study for breast & ovarian cancer to compare genetic material in blood & saliva samples in women with BRCA1 & BRCA2 gene' Student: **Isabelle Chai** (funded by Cancer Society of New Zealand, Canterbury-West Coast Division & Cancer Society Rangiora & Malvern Groups)

'Measurement of Vitamin C concentrations in plasma from patients receiving cancer chemotherapy or immunotherapy' Student: **Maria Nonis** (funded by Cancer Society of New Zealand, Canterbury-West Coast Division & Cancer Society Diamond Harbour & Amberley Groups)

'Characterising the role of a peroxidase in invasive metastatic melanoma cells' Student: **Daisy O'Connor** (funded by Cancer Society of New Zealand, Canterbury-West Coast Division & Cancer Society Cheviot, Hokitika & Ellesmere Groups)

<sup>•</sup>Leukocyte distribution in the developing tumour and the effect of Vitamin C<sup>•</sup> Student: **Thomas Williams** (funded by Cancer Society of New Zealand, Canterbury-West Coast Division & Cancer Society Hurunui & Westport Groups)

'A review of the update and clinical utility of miss match repair gene immunohistochemistry in women with endometrial cancer: A retrospective study' Student: **Chi Yen Hwang** (funded by the Estate of Maree Elizabeth Britten)

#### Summer Studentship – University of Canterbury, Christchurch – \$2500

'Youth & Adults perception of the sale of tobacco in dairies' Student: **James Foo Zhu Xi** (funded by Cancer Society of New Zealand, Canterbury-West Coast Division)

## Grants received from Trusts and Foundations

Jean Stanbury Family Trust - \$3500 Lois McFarlane Charitable Trust - \$6000 P. A. Blackmore Charitable Trust - \$1250 Coates-McKay Charitable Trust - \$3000 J. I. Urguhart Family Trust - \$50,000 Margaret Hutchings Charitable Trust - \$1000 The Ken Waterman Charitable Trust - \$5000 Eric Sides Foundation - \$800 Perpetual Guardian (Mr and Mrs Geoffrey Ward) - \$2385 Perpetual Guardian (Elma Strath Ward Charitable Trust) - \$1285 Jones Foundation - \$15,000 Advance Ashburton Community Foundation - \$3000 J. A. Macpherson Charitable Trust - \$8000

The Lady Tait Charitable Trust – \$1500



## DIRECTORY

#### **Cancer Society of New Zealand**

Canterbury-West Coast Division Incorporated PO Box 13450, Christchurch 8141 Telephone (03) 379 5835 (Main Centre) Cancer Information Helpline 0800 226 237 Email: contact@cancercwc.org.nz Website: www.cancernz.org.nz

Executive Committee as at 31 March 2019	
Chair	Kate Reid
Treasurer	David McCone
Deputy Chair	Alister Argyle
Members	Richard Green

Bridget Robinson

David Rowland

Annabel Ahuriri-Driscoll

Sally Wynn-Williams

- **Ex Officio Member** Elizabeth Chesterman Chief Executive
- Co-Opted Members Grants Committee

Mark Jeffery

Birgit Dijkstra

Divisional Delegate to CSNZ NationalBoardAlister Argyle

#### CHRISTCHURCH CENTRE & CANTERBURY SERVICES

Christchurch City & Suburbs, Accommodation Services, Diamond Harbour Regional Group

97 Fitzgerald Avenue, PO Box 13450, Christchurch 8141 Telephone (03) 379 5835 Email: contact@cancercwc.org.nz

#### **MID CANTERBURY CENTRE**

Ashburton Regional Group 122 Kermode Street, PO Box 296, Ashburton 7740 Telephone (03) 307 7691

#### **NORTH CANTERBURY SERVICES**

Amberley, Cheviot, Kaiapoi, Kaikoura, Hurunui/Hanmer Springs, Oxford & Rangiora Regional Groups Telephone (03) 379 5835

#### SOUTH CANTERBURY CENTRE

Timaru, MacKenzie, Twizel & Waimate Regional Groups 32 Memorial Ave, PO Box 682, Timaru 7940 Telephone (03) 688 0124

#### WEST COAST CENTRE

Greymouth, Westport, Hokitika & Reefton Regional Groups 98 High Street, PO Box 81, Greymouth 7840 Telephone (03) 768 9557

#### **SELWYN DISTRICT CENTRE**

Rolleston, Malvern & Ellesmere Regional Groups 6B Kidman Street, PO Box 25, Rolleston 7643 Telephone (03) 925 9708



As the sun goes down at the end of the 6th Tranz Alpine Scooter Safari, the vision, imagination and sheer hard work of Jayne and Mike Rattray has seen more than \$1 million raised for the Cancer Society over the six years of the event.