













#doitforcancernz

Cancer Society of New Zealand Wellington Division Inc. Covering: Marlborough, Nelson, Wairarapa and Greater Wellington

Our purpose

Improving community wellbeing by reducing the incidence and impact of cancer.

Cancer Society NZ Wellington Division is an independent charity and 100% community funded. Our unique combination of local programme delivery, community engagement and national influence enables everyone who cares about cancer to make the biggest possible difference.

Together with our volunteers, supporters, stakeholders and staff, we are committed to reducing the impact of cancer on individuals and the community. We work across every area of every cancer:

- Conducting and funding world-class research that underpins our work in preventing cancer
- Supporting people as they navigate the cancer journey
- Advocating to ensure that governments take action on cancer.

We are there not only for those touched by cancer today, but to prevent and manage cancer into the future.



Strategic aims

- Health promotion A growing number of New Zealanders demonstrate cancer risk-reducing behaviours, and inequalities are addressed.
- Supportive care Those affected by cancer are well-informed, cared for and supported throughout their cancer experience.
- Information/resources The production of high-quality, culturally appropriate and evidence-based information and resources in the Cancer Society's focus areas.
- Research Donations are used to fund research that builds on the evidence, and enhances the reputation of CSNZ in the public, academic and clinical communities.
- Advocacy & relationships Effective advocacy and relationships that enhance the leadership role, improve cancer control and contribute to funding for CSNZ activities.
- Volunteering Our organisation is engaged with our communities, including volunteer involvement that supports us to achieve our mission and vision.
- Funding Increased income to grow the capability of the Cancer Society in a sustainable way.



Contents

(*

From the CEO and Chair	4
Meet some of our Stakeholders	6
From our Regions	24
Summary of Financial Statements	27
Meet our People	29
Thank you - Sponsors and Supporters	30
Outcomes	31



From the CEO and Chair

From the Chair

It is with pleasure that I present the Cancer Society Wellington Division's annual report. It has been a year where the demand for our support and services has continued to increase. As an oncologist, I know that the work of the Cancer Society is important for patients and their families coming to terms with a cancer diagnosis. With the advancements in treatment, outcomes for patients are better than they were 10 or 20 years ago. Risk reduction is another area that the Cancer Society continues to promote, and it does this in many ways including the SunSmart programme in schools, smokefree advocacy and trainings, our Get the Tools programme for men, and the exciting Junk Free June campaign developed and launched by the Division in 2015.

Advocacy for our clients and community continues to be an important role for the Cancer Society. This is done both locally at the District Health Board level and also by our National Office at central government level.

The Cancer Society continues to be the largest funder on cancer research outside of central government. The Division provided funding of approximately \$500,000 for medical and scientific research in the last financial year. It is through research that New Zealand's top scientists are finding more effective treatments for cancer and practical ways in which people can reduce their cancer risk.

Thank you to all our supporters, to all our volunteers and my fellow Board members. Without your support the Cancer Society would not be able to do our work. Along with Michael I would also like to recognise the enormous contribution of Roy Cowley, who has retired from the Board after 18 years and was Chair from 2006 until May of this year.

Dr Andy Simpson Chairperson Divisional Board of Cancer Society Wellington



Roy Cowley





Kia ora tatou & greetings,

I am privileged to work for an organisation that has people at its heart. Cancer will affect us all in some way during our lives, either directly or through a loved one.

Annual reports can often be dry and impersonal. We have tried with our 2016 report to highlight our people centred approach. I would particularly like to acknowledge all our supporters. The Cancer Society is there to help people, but we can only do this with the help of people donating their time, energy, skills and funding. Thank you to you all.

Thank you to our sponsors, big and small. In particular our national sponsor ANZ, who continues to assist us with our Daffodil Day Appeal and other activities throughout the year. Thank you to all our supporters - young and not so young. We also have wonderful support from our local schools. I'd like to make a special mention for Hutt International Boys School (HIBS) which raised over \$115,000 for our 2016 Relay for Life event in Wellington. Since 2003, HIBS has raised over \$600,000 for our work, which is a fantastic achievement.

I would also like to acknowledge my hardworking staff and our amazing volunteers who contribute in so many ways. In particular, a big thank you to Roy Cowley who recently stood down as Chairperson of the Board. Roy has given some 23 years to the Cancer Society both at the divisional and national level. Thank you for your outstanding contribution.

Financially it has been a tough year for the Division, our expenditure exceeded our income by almost \$900,000. This is due to the increased demand for our services and the fluctuation of some of our income streams. Such losses are not sustainable and to meet the increasing need across our community, we will need to raise additional income in the coming year.

Thank you for your support.

Ngā mihi nui

Michael Smith Chief Executive Officer



Peter Service User

Some years ago my wife worked as a fundraiser for the Cancer Society. Through her involvement I became aware of the many valuable services provided by the Cancer Society.

Late last year I had a reoccurrence of Metastatic Melanoma after appearing to be clear for 5 years.

After my diagnosis it was a confusing time for us, it was a shock and disappointment and we were unable to understand all the medical details. My wife suggested we had a talk with Julie Holt, the Cancer Nurse with the Wellington Division of the Cancer Society who was very sympathetic, caring and helpful and pointed us in the right direction and advised us on some appropriate people to talk to.

Subsequently I have appreciated some of the other services offered by the Cancer Society.

Once I fully understood the significance of my diagnosis I thought it opportune to review my Will and Memorandum of Wishes and in doing so I recognised some organisations that had I been grateful to for their support over the last few years.

One of those has been the Cancer Society.

Through my wife's previous involvement I was aware that the Cancer Society was not funded by the Government and totally reliant on fundraising and donations. Accordingly I thought it appropriate to make a Bequest to them in my Will to help them continue to provide support to others suffering from cancer.

I heartily commend this action to others.

Graeme

Volunteer

When I retired I was looking for something to do where I could give back to the community. One of the areas that sprung to mind was a volunteer role with the Cancer Society as my sister passed away as a result of cancer about 8 years ago.

The one area that I thought I could contribute was as a Volunteer Driver. The role involves picking up patients from their homes and transporting them to the hospital for treatment and returning them safely home again.

It has now been four years since joining the Cancer Society as a Volunteer Driver and in that time I have transported over a 160 people to treatment appointments. It has given me great satisfaction in knowing that in some small way I have been able to help them during their time of need and taken some pressure off them and their families.





#UsoBikeRide #Bluff2Cape

On the 11th of February 2016 18 Maori, Pacific and European men departed the Bluff on an epic 15 day bicycle journey that would see them finish in Te Rerenga Wairua (Cape Reinga) on Friday the 26th of February. The Uso Bike Ride supported by the Cancer Society would average 145kms per day. The ride focussed on raising cancer awareness amongst Pacific and Maori communities, promoting regular medical and health checks and promoting cycling as a lifestyle and way of keeping fit and healthy.

Along the journey the Uso Bike Ride held 8 community based fono and hui and visited two schools. Uso is the Samoan word for brother but the cycling group also use it as an acronym for Understanding Strengthening and Overcoming. While the journey was arduous at times the groups kaupapa is that it's not about the bike, it's about the message of the bike. During the journey the group were joined at various points in the country by other Uso members including women and at various stages the peloton had up to 32 riders. A 30 minute documentary featuring the ride aired on TV One's Tagata Pasifika during Easter weekend.

https://www.youtube.com/watch?v=S6Wpq7ViO4E

https://www.youtube.com/watch?v=Hud0yQPntb0

Melissa

Nurse Coordinator Capital & Coast DHB

I am Cancer Care Nurse Coordinator at the Capital & Coast DHB. Facing a cancer diagnosis is undoubtedly an anxious and uncertain time for patients and their families. When Ben (a recent patient) was diagnosed with bowel cancer, he spoke of the overwhelming worry and uncertainty that lay ahead for him and his young family. Confronting surgery and subsequent chemotherapy was all engulfing and he felt out of control.

The Cancer Society provided help and support from the outset when Ben was feeling most vulnerable and frightened. Cancer Society professionals involved in Ben's care included the information nurse specialist and the counsellor. They were instrumental in answering Ben's questions, supporting the decisions he faced about complex treatment and meeting his emotional and psychological needs.

The Cancer Society is an invaluable service for people affected by cancer and for health professionals. In my role as cancer care nurse coordinator when I refer patients to the Cancer Society - I know that patients will receive the additional support and care they need. The same cancer diagnosis can result in a very different journey, and what the Cancer Society excels in is supporting the diversity of patients' experiences.









Wellbeing Nurse Victoria University/Service User

Kia ora, I work as the Wellbeing Nurse at Student Health at Victoria University of Wellington. With 21,000 students and around 2,500 staff members at Victoria University, the potential impact of health promotion activities on campus is significant.

I work with the Wellington Division of the Cancer Society to increase awareness about health behaviours which promote health, reduce the risks of developing some forms of cancer and also providing information about potential warning signs of cancer and the benefits of early detection.

Working with the Cancer Society Health Promotion team makes a huge difference especially during busy times throughout the academic year. Clubs Week attracts thousands of students and is a great opportunity to raise awareness about health issues such as the sugar content of drinks, benefits of physical activity and healthy food options. In the summer, with the support of the Cancer Society, we were also able to provide samples of sunscreen for students. This year Junk Food Free June was incorporated into our Staff Wellness Month at Victoria University.

The Cancer Society has also supported student leaders from the Student Wellbeing Awareness Team and the Bubble, which is a comfortable meeting place on the Kelburn campus for students to take a time out from study, relax, find support and connect with other students, to attend motivational interviewing courses.

On a personal note, I accessed support and guidance from the team at the Wellington Division of the Cancer Society when I was diagnosed with cancer in 2008. The Cancer Society offered me a safe and caring place to go to try and understand what was happening to me. Thank you.

Judith Bequest Coordinator

I am the Cancer Society Wellington's Bequest Coordinator. I've had a recent personal connection with Cancer, and like so many others, and am keen to help ensure the future of the Cancer Society.

We rely on Bequests to keep the organisation running, to keep funding research and to provide free support services to all those people out there (and there are many) who have been given a diagnosis, or who can learn about how best to reduce the risk of cancer through a healthy lifestyle and early diagnosis.

We encourage our supporters to let us know when they have made a Bequest, as this helps us to plan ahead for future projects. Supporters then become members of the Hope Fellowship, with their name on the Hope Fellowship Honour Board and invitations to attend special events. It is our way to acknowledge their commitment and generosity.

It's great work that we do and we see the difference it makes every day - helping people is at the heart of our organisation.







Anna Information Nurse

In my role as a Cancer Information Nurse, I am passionate about providing information and support to cancer patients and their families at the time it is needed - at diagnosis, during treatment, at remission or after treatment when people are getting their lives back together.

People come to us at one of the most difficult periods in their lives, and are often shocked, distressed, anxious and vulnerable. Busy medical services are not able to give the extra time these people need, and the supportive care team can fill the gaps and provide extensive psycho-social support.

I value having time to be able to listen, to provide information and give person-centred, empathetic, non-judgemental care, as well as linking people into other services such as counselling or CancerConnect.

With our 0800 phone line, our email service and face to face free services, I feel we are accessible to so many, wherever they live and whatever cancer they or their loved ones have, and we provide an important, highly valued and needed role in cancer care for New Zealanders.

Jan Volunteer

Hi, I'm Jan Smith, part of a great volunteering team from the Cancer Society that supports Wellington and Kenepuru hospitals.

As a hospital volunteer, I am a friendly face, who loves to chat and not too busy to listen to patients. Helping patients and families know about all the services that they can access. Making them a cuppa, getting magazines or newspapers or popping to the supermarket for anything that they might need.

The patients are so appreciative, and it is lovely to see them smile, and say "see you next time".







Kapanui School

The Cancer Society Kapiti office support local schools in several ways, from accreditation through the SunSmart Schools programme to information and presentations on a range of topics such as nutrition, healthy eating, physical activity, Smokefree and Sunsmart.

Junk Free June is a hot topic and Mandy Savage, our Kapiti Health Promoter has a range of healthy eating ideas and resources for us. Last year our Kapanui students learnt more about healthy eating and cutting down on the junk food in their diet. This year our focus is more on a new sugary drinks resource kit which has been developed.

> Our kapa haka group performed at Cancer Society Kapiti's branch opening in March. Mandy from the Cancer Society told us that their facebook views were huge. Kapa haka is a great way to keep fit and to learn performance skills. It offers a way to connect with culture and outreach with the wider community. It is a way for our children to participate in community events. It is a tribute to Matua Rangi Halbert, Whaea Sue Lemmon and their team that over 120 children are involved every week.

> We have a powhiri each term to welcome new students to their school. The Cancer Society supports this with the donation of fruit and practice skirts. They also provided sponsorship and Shade loan for the Kapiti School's Kapa Haka festival, held every November. This is a popular event in the Kapiti community and all local schools participate.

Mat Service User Supporter

I recall first popping across the road to the Cancer Society while my wife, Helen, was having some scans at Wellington Hospital in 2011. The doctors had only just discovered Helen's cancer and I really didn't know what to expect when I walked through those sliding doors and into the Cancer Society reception area.

Little did I know then that the Cancer Society would become such an integral partner in our cancer journey. The team at the Cancer Society has been alongside Helen and I and our two children through the ups and downs of diagnosis, major operations, and numerous cycles of chemo and radiation treatment.

We've benefited in so many ways, including through information sessions, relaxation techniques, connecting up with others on a similar journey, and by talking as a family and one-on-one with the skilled counselling team.

In January last year, not long after her 40th birthday, Helen's health failed and she passed peacefully from this life. The Cancer Society were there for us. And continue to be an incredible support to our family, and many others like ours.







Cancer

Pauline Volunteer/Service User

Hi I am Pauline, a cancer survivor and a volunteer at Margaret Stewart House since 2002.

As I take delight in housework, I naturally fell into the housekeeping role at Margaret Stewart House for those who use this accommodation service offered for non Wellington residents receiving treatment at Wellington Hospital, which involves duties such as; cleaning, making up rooms, tidying, gardening, laundry, attending to reception and occasional shopping.

It is a wonderful opportunity to give back in return for the priceless support and services I received from the Cancer Society. I commit about half a day a week to fulfil this role and I get to interact and know residents and fellow volunteers from all walks of life.

I feel this is a worthwhile cause knowing that residents feel like they are living in the comfort of their own homes during this challenging time.

Brian Service User

At the time I was told I had both bladder and prostate cancer, one of my health professionals advised me to contact the Marlborough Cancer Society in the Forum.

In the mental state I was in, they were invaluable. When I am confronted with a problem, I like to know what I am facing, what choices I have, what resources are available. Information is power. The good people at the Cancer Society gave me all the information I needed, including access to an excellent library. They had a gentle and caring manner which I needed as I was very tender emotionally. They offered support and a sense of being, involved in something larger than myself.

Taking part in the survivors lap at Relay for Life made me feel I had climbed a higher mountain than our local peak, Mt Tapuae-o-Uenuku.

But what they did best of all for me was to invite me to a six week Living Well course, offered to both me and my wife, who was also very affected by my cancer diagnoses. I met, as one newly diagnosed with cancer, with men and women in all stages of their own personal fight with the disease, who were able to share their experiences, support and caring concern.

We still meet after some years now, and that group still continues to amaze me. So do the medical people I met. So does the Marlborough Cancer Society.









I know Kapiti well. I grew up on the Kapiti Coast and returned in 2003. I love the laid back lifestyle and having family connections.

I'm a Health Promoter in the Kapiti and Porirua communities. That involves working with schools, workplaces, private training establishments and community groups. My work covers a range of areas including nutrition, physical activity, screening, mens' health, Smokefree and SunSmart schools. You'll often see me driving around in my little car embossed with bright yellow daffodils.

The Kapiti Coast office officially opened in early March 2016. It is a small, busy space at Shop 14, Kapiti Lights. We have several friendly staff, including a health promotion co-ordinator, fundraising officer and two counsellors. Our lovely volunteers are here to welcome you every day from 9.30am to 3.30pm. We are always looking for volunteers so please get in contact if you would like to drive for us or work in our sunny office.

Robyn Service User Supporter/Volunteer

What do you do when a family member is diagnosed with cancer as our son Adrian was in 2000? We turned to the Wellington Division of the Cancer Society for help - in particular Fiona Pearson.

There are so many questions thrown at patients and their caregivers through the process that it is easy to be fobbed off with medical jargon when looking for medical and practical options. The Cancer Society is brilliant at taking one's personal problems and in our case, helping us work through Adrian's illness both in the hospital and when he came home.

When he died in 2001 the family wanted to donate both money and time to the Cancer Society as a small thank you. I started a Perky Pots project selling home-made goodies and seedlings with profits going to the Cancer Society. But the break-through came when five of us got together (the Friends of the Cancer Society Group aka FOCS) to put on a major event each year. Over 11 years we raised a million dollars. For all of us involved it was just our way of saying 'thank you' to the Cancer Society who stepped into the breach when we needed them.







After 20 plus years in the clothing industry and 27 years in education, I retired and quickly found a void in my life.

After visiting the Volunteering N.Z. office I was put in touch with the Cancer Society.

My first duty, was as a Volunteer Driver, transporting people from the Kapiti Coast to Wellington Hospital for treatment. This remains my main volunteer role with the Cancer Society.

In late 2011 a men's health group Get the Tools was formed to promote the importance of regular health checks, something us males are not good at, just look at the statistics!!

We talk to men through their work, sports and community groups etc, and attend public expos, especially during Men's Health Week.

Other duties have followed, like sewing patient support products; softies, drain bags and several types of hats for those undergoing treatment, my tailoring skills resurrected.

During the summer months I help with the administration of the Shade Loan equipment, supporting community events to be SunSmart.

The reward for this work is very obvious from the often overwhelming thanks you receive from the recipients.

Margaret Senior Counsellor

I am a counsellor for the Cancer Society. I appreciate meeting people: when they are diagnosed, finishing treatment, having treatment changes, even having family discussions etc.

We talk about how to live in the 'in-between', remembering they have done difficult before, hearing how others have done things, and doing what works for them. I get to 'walk with' them and this is a privilege. Hearing about hopes, hurts, distress, anger, love, disbelief and the positives and negatives. We talk about unsupportive work places spirituality, sexuality, whether to blog or not, self-esteem and questions like "who am I now"?

I appreciate the honesty of how people, in time, accommodate transitions for when we can accommodate we can adjust and in adjustment accept and live a reconciled life. The team I work with are tireless, supporting people they talk to or encounter. I have the best position in Wellington. Yes, I am one of the counsellors. I look forward to meeting some of you.







Diana

Director of the Cancer Control and Screening Research Group, Wellington

I am a public health medicine doctor and professor at the University of Otago.

I have worked with the Cancer Society in a number of roles over many years, including as a member of the Board of the Wellington Division, a member of the Health Promotion Committee of the national office and as a member of the Medical and Scientific Committee in Wellington.

The research group that I lead works to improve outcomes for people with cancer in New Zealand. One area that we are focused on at the moment is addressing the needs of those who have both cancer and other chronic health conditions. These other conditions can impact on the timeliness of cancer diagnosis, the treatments people receive, and on their cancer outcomes. We have started a study which evaluates the effectiveness of providing additional clinical input for these patients to improve their cancer journey.

Chris Board Member

Tēnā koutou katoa

When people ask me of my association with the Cancer Society Wellington I always introduce myself firstly as a volunteer, then as a Board Member. I tell them how I and other Board Members often have to give up part of paid daytime and our own after work hours to participate in various issues related to governance - and that's not to mention the added associated responsibilities.

Then I tell them, how proud I am as a Māori Board member, and Chairperson of Te Roopu Tautoko group - the Māori Advisory Group which has developed Mātātuhi Ārahi the Cancer Society's Service Plan for Māori. We are the only division in the Cancer Society federation that has a Māori action plan to guide how we work with Māori in terms of being appropriate and relevant, and how that is reflected in our resources and service provision.

The Cancer Society is a very important cancer service provider and the demand for our services is greater than we are currently providing. I tell people to support us as much as they can as volunteers and donors, and make a special effort to spread the word to Māori whānau and communities about accessing the Cancer Society's services and the great work the staff are doing there.





Around the regions

Wairarapa Cancer Society Annual Report to 31st March 2016

July 2015:

A good turn for cancer patients



Tony Waygood from the Henley Men's Shed Inc Wairarapa holds wooden

handmade wig stands. These are donated to all ladies attending the Look Good Feel Better programme run at the Cancer Society Wairarapa.

August 28th 2015:

Daffodil Day saw many volunteer hands on deck to assist in picking, bunching and delivering fresh daffodils to donors all over the Wairarapa. There was a festival atmosphere in the centre of Masterton, one of five towns who helped Cancer Society to raise over \$50,000.



September 2015: Mufti day by Solway College to raise funds for Cancer Society Wairarapa.



November 2015: Property Brokers Real Estate Wairarapa continue to support Cancer Society Wairarapa with their annual golf tournament named for Craig Cooper who supported the Society with his work as a volunteer and chairing Relay for Life. Craig died in 2014. However his legacy lives on through this event continued by his company who donate the proceeds. **December 5th 2015:** Volunteers for Cancer Society Wairarapa celebrated their day with morning tea. This was a chance to catch up with each other.



Drivers Bill George, Alan Sadler and Peter Gibbs

Elaine McGill Centre Volunteer and Susan McWilliam Executive Chairperson and Chloe (Mascot)







December 2015: The hottest and longest summer for a long time in the Wairarapa with scorching 30+ degree temperatures saw Trust House Wairarapa support the shade loan scheme with a grant to Cancer Society Wairarapa to purchase equipment. The new umbrellas and gazebos were booked out solidly until Easter by responsible sun savvy sports teams, families and community events including the annual Teddy Bears Picnic at Henley Lake in March 2016.

January 2016: The Cancer Society Wairarapa

Dragon Boat Team made the headlines again coming second in the Wellington



Dragon Boats Women's Championship Grand Final.

February 2016: For World Cancer Day the Cancer Society Wairarapa opened up the Centre to the public to come in and see what we do! Free information was available and an opportunity to meet the staff at the Centre.

A short memorial service was held and the ashes from cremated candle bags decorated by family and friends for those who participated in Relay for Life. These were scattered in remembrance of those who have passed away.

Waitangi Day saw our Chair Susan McWilliam promoting sunsmart behaviour at the local Waitangi Day celebrations under our new gazebo.



🄄 Marlborough

April/May 2015: Marlborough achieves the highest national percentage of Sunsmart accredited schools at 85.7%.

Margot Wilson presented on breast cancer awareness to a local administrators group.

June/July 2015: Wither Hills Winter 10km run/walk was a huge success raising \$4,000 for the Cancer Society Marlborough. The fabulous Te Rerenga o Te Rā Kapa Haka group supported the event by welcoming back all the runners/walkers.

Marlborough embraced the first Junk Free June and raised the most money in our region per capita.



Annual Book Fair was our biggest and most successful to date raising an impressive \$13,000 from pre-loved books.



August/September 2015: We celebrated the 25th anniversary of Daffodil Day, recognising our volunteers who have supported the event over the years (many since its inception) with a morning tea.



We supported the Look Good Feel Better Workshop in Blenheim.

A Living Well Group reunion dinner was held.

October/November 2015: Italy came to Marlborough for the evening for our 'Night in Italy' five course dinner fundraiser. The evening was great fun and raised over \$6,000.

The Cancer Society Marlborough was kindly awarded a \$10,000 grant from Rātā Foundation towards our rent costs.

Can Survive groups continue to meet and a combined Christmas dinner was held for them in November.

December/January 2015 - 2016:

Busy summer months for the Shade Loan service we offer to local community groups and schools.

February/March 2016: We said farewell to two members of the team this year, and welcome Janet Steggle as Administrator and Anna Small as Health Promoter.



The Cancer Society Nelson is continuing to grow and with the move into our new premises in the CBD proving to be well worthwhile. Being more central has meant easier access for our clients and volunteers who are enjoying the new space to work from, and it is more convenient for the staff. Our visibility has meant we have more walkins and an increase in volunteers. We continue with our nationwide fundraisers Relay For Life and Daffodil Day along with our annual ball.

July 2015: Three young ladies at the Crowe Horwath Cancer Society Charity Ball. These young woman were part of the national school innovated business awards. The *'Vivacity'* students along with Benjamin Black Goldsmiths produced a Daffodil ring, proceeds coming to the Cancer Society. The Crowe Horwath Cancer Society Ball is a highlight on the Nelson social scene.



August 2015: Gordon Handy: for Daffodil Day with every tractor sold, a donation went to the Cancer Society Nelson; Gordon Handy also provided a ride on bike for our Relay For Life.



November 2015: We opened our new building (The Hub) in Hardy Street Nelson, with an official opening including Nick Smith MP, Nelson City Mayor Rachel Reese and Tasman City Mayor Richard Kempthorne with around 60 people attending, including Chair of Wellington Executive Board Roy Cowley and CEO Michael Smith. We now have room to hold our own support groups and other cancer organizations to use our facilities. The staff, volunteers and community are all enjoying the spacious new facilities.



December 2015: Look Good Feel Better, this is now being held at our new Centre on alternate months, so the new "Hub" is being used by support groups.

January 2016: Motueka Survivors and Thrivers (new) has started up every 2 months, with good numbers attending.

February 2016: Bosom Buddies, our Breast Cancer Support Group (new) being held here at the "Hub" every two months.

March 2016: Relay for Life, raised over \$100,000 for the Nelson/Tasman area, fine weather, great music, moving candlelight ceremony, cooked breakfast, people went to great lengths to decorate tents, portaloos and themselves!!



Financial Summary FOR THE 12 MONTHS ENDING 31 MARCH 2016

The Cancer Society Wellington Division, including our Centres in Nelson, Marlborough and the Wairarapa spent approximately \$4.5 million in the 12 months to 31 March 2016. This was funded from income raised of \$3.62 million and a further \$878,000 from our reserves.



Financial Summary FOR THE 12 MONTHS ENDING 31 MARCH 2016



The summary graphs have been extracted from the full financial statements of the Division including the Nelson, Marlborough and Wairarapa Centres. All entities are registered charities under New Zealand's Charities Services (Department of Internal Affairs). Full financial statements for each entity (including audit reports) are available on request from the Cancer Society at 52 Riddiford Street, Newtown, Wellington.



Senior Management Team

Centre Manager, Wairarapa

Michael Smith, Chief Executive Officer Inga O'Brien, Manager Supportive Care Tracey Harris, Manager Volunteering Raewyn Sutton, Manager Health Promotion Helen Montgomery, Fundraising & Communications Manager (to September 2015), Graeme Milne (from November 2015) Margot Wilson, Centre Manager, Marlborough Linda Lucre, Centre Manager, Nelson Jeanine Gribbin (to November 2015) Centre Manager, Wairarapa Jacinta Buchanan (from January 2016)

Wellington Division Board Executive Committee

Roy Cowley - Chairperson (to May 2016) Dr Andrew Simpson - Chairperson (from May 2016) Tira Albert Joanne Doherty Ian England (from October 2015) Terry Hall Dr David Hamilton Annabel McCallum Paul Marshall (to August 2015) Kate Morrison (from October 2015) Christina Pihema Andrew Somerville Moera Tuilaepa-Tayor Simon Arcus

Centre Executive Committees

Dr Stephen Vallance - Chair, Marlborough Alison McAlpine - Chair, Nelson Susan McWilliam - Chair, Wairarapa

Thank you to our Sponsors and Supporters

Wellington

More FM, New Zealand Community Trust, Paddy Brow Charitable Trust, The Bowen Trust, Alexander Watson Charitable Trust (Perpetual Guardian) Pub Charity ltd, Pelorus Trust, Lion Foundation, Kathleen Alice Boyd Estate, The Trust Community Foundation, Z Good in the Hood, Genesis Oncology Trust, Infinity Foundation, Community Organisations Grant Scheme, Richard & Doreen Evans Charitable Trust, Maysie and Henry Hill Charitable Trust, Shephard Dunphy, Staples Rodway, Shephard Dunphy, phil & teds, Partridge Jewellers, Harry's, Bayleys, Service Printers, Amora Hotel, Wellington Batucada, Cloud Productions, NZ Collage of Massage, Simply Food, Ripe Coffee, Starjam, MCS rentals, Ibis Hotel, St John, Wellington City Council, Café L'affare Ltd, Harbour City Funeral Home, Wellington Host Lions, New World Chaffers, Printing.com, Rapid Relief Team, More FM, Star Jammers, Wellington College/Wellington Girls College Ukulele Orchestra, Healthy Steps, Configure Kilbirnie, Les Mills Lower Hutt, All Good Bananas, Nikau Foundation, Gazeley Motors, Fuji Xerox

Nelson

Crowe Horwath, NZME, Media Works, Hon Dr Nick Smith (MP) Courier Post, Nelson City Council, Tasman District Council

Kapiti

More FM - Kapiti, Kapiti News, HMC Kapiti

Marlborough

Top of the South Events, Marlborough Express, Media Works, NZME, The Blenheim Sun, Giesen Sports and Events Centre, Renwick, Marlborough Lines, Marlborough District Council, McKendry Motors, Essence Events Catering, Gordon Handy, Arbour Restaurant, Kevin Judd, Rātā Foundation and Canterbury Community Trust

Wairarapa

The Dugdale Charitable Trust, Trust House Community Enterprise, Property Brokers, MediaWorks, Wairarapa News, TRC Toyota Masterton, Pelorus Trust, Eastern & Central Community Trust, Breadcraft





Cancer Affects us all:

- One in three New Zealanders are affected by a cancer diagnosis
- Annually approximately 21,000 people will be diagnosed with cancer and 8800 will die because of cancer
- New Zealanders have high rates of lung cancer, colorectal (bowel), prostate, breast and skin cancer

What we do

- Provide Support and Information
- Fund vital cancer research including a study into the development of a new way to treat cancer with fewer side effects
- Reduce the risk of developing cancer with Sunsmart, Smokefree and nutrition programmes for local schools, work places and our local community
- Targeting awareness initiatives designed to help reduce cancer risk, where evidence confirms the greatest need so that we addresses inequity. Currently that is for Low Socio Economic groups, Maori, Pacific and Men.
- Community grants for activities that support health promotion messages including Sunsmart, Smokefree and physical activity and nutrition.
- The Cancer Society is there to help anyone who is dealing with cancer, no matter what cancer
- Provide strong Patient Advocacy

Outcomes

Nationally we provided over **\$5 million** in funding to research in New Zealand

958,000 km covered nationally by volunteer drivers

3564 Bed night stays at Margaret Stewart House, a home away from home in Wellington for people travelling from out of town for cancer treatment

Cancer Society Wellington Volunteer drivers transported patients to over **3,300** Cancer related appointments

CSW 0800 CANCER Helpline received **3000** calls

600 people attended programmes run by CSW

Over **500** counselling sessions

74% of donated income was spent on services

Provided over **50** people with financial support

48 different sporting groups and events used Wairarapa Shade Loan

Helped **32** Community organisations use the Cancer Society Shade Loan scheme to promote Sun Smart key messages and reduce peoples risk to skin cancer

We provided **17** community grants

12 government organisations and businesses got support running their wellness programmes

We arranged **6** training sessions delivered to health providers so they could support clients

















www.cancernz.org.nz

