#### Your life, your legacy for the future

#### Ki te whai ao ki te aomarama

Give the greatest gift to help protect future generations of New Zealanders from the heartbreak of cancer.



# **Tanya's Story**

#### Nursing her mother through a painful death from oral cancer inspired Tanya Schipper to leave a legacy to Cancer Society.

"Mum was 67 when she developed black ulcers in her mouth. That was the first sign something was wrong. She was absolutely terrified of going to the doctor; I think she knew deep down it was cancer.

She didn't have any treatment because she was terminal. My sisters and I nursed her for a year us girls were a mess, but Mum was so strong.

I insisted on getting support for her from Cancer Society, and they supported me too. I talked to one of the psychologists because I was really struggling - having to deal with Mum, and at the same time my own family. The psychologist really helped; she was amazing.

Mum passed away on Mothers' Day in 2012, aged 68. I miss her, and I feel like my family has been robbed. She missed my boys' graduations, their 21sts... I want to be here for my grandchildren.

Seeing what my mum went through, and the support from Cancer Society, is what led to me leaving a gift in my Will. I'm so appreciative of the support Cancer Society offers and incredibly passionate about the research. I hope by leaving a gift, cancer researchers will find a cure in the future." Like Tanya, you can help protect future generations of New Zealanders from the heartbreak of cancer. Tanya is also part of our Circle of Hope - Te ia o te tumanako, a group of like-minded supporters who have chosen to give this wonderful gift.

#### Your Life... Tū mataora

Life's journey provides the opportunity to create connections and memories, experience love and fulfil our dreams.

Every day 71 New Zealanders hear the words "you have cancer", for them these opportunities are not certain.

Our journey started in 1929, and since then the Cancer Society has been dedicated to ensuring every New Zealander affected by cancer lives a longer, better quality life - by providing highvalue cancer care now and researching to beat cancer tomorrow.

Your life journey has inspired your passion for helping others. Your legacy gift to the Cancer Society will help those mums, dads, grandparents and children who hear the words "you have cancer", live longer better-quality lives, and continue creating memories with their loved ones.

There are many ways to leave your mark on the world Whāia te iti Kahurangi

#### Your Legacy... Taonga tuku iho

#### for Cancer **Research**

Wonderful people like you, who choose to include a gift in their Will, ensure life-saving cancer research will continue helping us beat cancer sooner.

Cancer Society in the largest private funder of cancer research in New Zealand.

For over 65 years Cancer Society Auckland Northland has invested in the best research focused on saving lives and helping New Zealanders live longer with a better quality of life following a cancer diagnosis.

This includes our work with the Auckland Cancer Society Research Centre (ACSRC) – an anti-cancer laboratory with an international reputation as a world-leader.

Your legacy to New Zealanders will ensure breakthroughs in cancer treatment are possible. Your gift will be an investment into fundamental research, to grow knowledge and retain a cohort of experts in New Zealand. "We are experiencing the biggest revolution in cancer medicine in history. It's an incredibly exciting time to be doing research to stop the enormous suffering that cancer causes."

Dr Singleton, based at the ACSRC. His research is focused on ultimately halting the growth and survival of cancer cells.



"I am a Senior Research Technician at the Auckland Cancer Society Research Centre. I've helped arrange and shown groups round the Lab over many years and particularly enjoyed showing round people who have decided to give a gift in their Will. They inspire me with their kindness and wanting to donate to the research

that the Lab does."

Sue Pullen, Senior Research Technician at ACSRC and Legacy Supporter.



#### Your Legacy... Taonga tuku iho

#### for Cancer Support

By choosing to include a gift in your Will during your lifetime, you can go on caring for and supporting people as they face cancer during their lifetime.

More than 25,000 people are diagnosed with cancer every year.

Being diagnosed with cancer can be one of the most difficult situations a person faces in their lifetime. The Cancer Society is here for all New Zealanders to provide emotional and practical support.

Your legacy to New Zealanders will help families, people from every community and walk of life access caring and experienced Cancer Support Nurses and Psychologists, free accommodation when they face on-going treatment and travel to and from their cancer appointments. "All the support we've gotten has been amazing and full of care. We've always felt looked after and knew we could always find answers when we felt lost."

Jony's mum Luna was diagnosed with ovarian cancer and after surgery received support from us while going through treatment.



"Staying at Cancer Society's Lodge was something I will never forget and will always be very grateful for. The staff there were so welcoming and supportive, and it was lovely to mix with other cancer patients staying there, sharing our stories, and supporting each other."

**Sue** stayed at Domain Lodge, Cancer Society's free accommodation for those living far from treatment.



#### Your Legacy... Taonga tuku iho

#### for Cancer **Prevention**

You can be part of a movement to protect future generations from cancer, by supporting people to make informed healthier lifestyle choices while creating Smokefree, SunSmart communities. The Cancer Society are committed to stopping cancer before it starts.

Every year almost 10,000 New Zealanders die from cancer, 1/3 of these cancers are preventable.

The Cancer Society advocates tirelessly on behalf of all New Zealanders to change laws and policies to reduce the risks of cancer, improve cancer care and help create environments where communities can make positive choices about their health.

Your legacy to New Zealanders will help us work towards a future with less cancer, a future where our children and grandchildren are less likely to get cancer and more likely to survive it. "Your valued legacy will help protect all New Zealanders though strong cancer awareness campaigns and change focused on positive equitable cancer outcomes, including increased screening and early detection. Ngā mihi nui, thank you for helping us to implement change and supporting the reduction of cancer harm for all."

**Rebecca**, Health Promotion Manager, thanks you on behalf of all the team working to improve health outcomes for New Zealanders.



#### The future... Te ao kei te heke mai

# Join the mission to beat cancer, for all New Zealanders, for every cancer, for our future generations.

We understand that choosing to change the future for New Zealanders affected by cancer by giving a gift to Cancer Society in your Will is a significant decision and we promise:

- Your wishes will be respected; your family, your loved ones will always come first.
- Your lasting gift will be distributed with care and efficiency and for the maximum benefit.
- You will be informed about how the gift you give will be used.
- Your details and anything shared with us will be confidential.
- Your right to change your mind at any time will be respected.

Your gift will be honoured with the promise of ensuring New Zealanders going through cancer receive compassionate, expert care and support.

Your gift will be an investment into world-class cancer research fighting for a cure and helping people live better and longer with cancer.

Your gift will create change and help reduce preventable cancer through our health awareness work in the community.

We are entirely dependent on the commitment and generosity of our donors. This special kind of support ensures that we can continue to deliver vital services and carry out essential research for future generations facing cancer.

# Sandhiya's Story

Advancements in cancer treatment and wraparound support services are vital for patients like Sandhiya. By including a gift in your Will, you will ensure the best cancer research and care continue for all New Zealanders.

Sandhiya was enjoying motherhood, spending as much time with her two-year-old daughter Deeksha as possible, when a sudden breast cancer diagnosis shook her world. Sandhiya's first thought was for her daughter and husband, it felt like their life had stopped completely.

In the midst of her treatment Sandhiya was referred to a Cancer Society nurse, Tanja. Sandhiya had incredible support from her husband, Manoj, but Tanja was able to provide expert advice and care that only a Cancer Society nurse could.

Tanja was right there by Sandhiya's side throughout 22 rounds of chemotherapy and 15 rounds of radiation treatment. Cancer Society nurses have a wealth of knowledge, understanding and experience - it's so crucial for cancer patients undergoing treatment.

Sandhiya finished treatment and the young family are enjoying spending time together and focusing on the positives in life.

"Before Tanja, I didn't know where to go. She became my go-to person. Tanja was so helpful answering all my questions. I was feeling really anxious, especially about my treatment, and she explained everything."

## Circle of Hope Te ia o te tumanako

Being part of the Circle of Hope, means that you are part of a group of like-minded people, those who share your hope for a better future for all New Zealanders.

You will have the opportunity to learn more about our current work and hear about new initiatives. You can join us at our special events and meetings.

Once you who have made the decision to leave a gift in your Will to Cancer Society you can feel confident that your gift will be used in the best possible way. Being part of the circle is something to be proud of and we hope that when people ask you can share the importance of legacy gifts.

We are honoured by the legacies that have already helped so many New Zealanders facing cancer and we are privileged that the promised gifts of tomorrow will continue to protect future generations from the heartbreak of cancer.

Circle of HOPE "Leaving a legacy gift gives my life a purpose - I'm leaving something to those facing cancer who need help. It helps me to honour my parents who I miss so much, and it gives hope

for the future."

Joy included a gift in her Will to the Cancer Society, to honour the memory of her parents.



Once you have chosen to give a gift in your Will to Cancer Society, we would like to invite you to join our Circle of Hope - Te ia o te tumanako.

## Your Decision Kei a koe te tikanga

We know that when you make your Will, family and loved ones come first, once they are taken care of you can give the greatest gift to help protect future generations of New Zealanders from the heartbreak of cancer.

The next steps are up to you, you may want to talk through your options and intentions with a solicitor to ensure your wishes are realized. You can choose to gift a set sum of money, a specific item or share of your estate. A solicitor can help with what gift will suit your individual circumstance.

Updating or writing your Will can be easy. To include a gift to Cancer Society you can change your current Will or add a codicil, you may want to use following wording:

"I give to The Cancer Society the sum of \$\_\_\_\_\_ or a percentage, or the residue of my Estate, or a description of the property or named asset given, free of all duties to be applied for its general purposes and declare that the receipt of the authorised officer shall be sufficient discharge for my Trustee/Executors". Your life, your legacy for the future Ki te whai ao ki te aomarama

# **Thank You**

We are extremely grateful to every person who includes a gift in their Will to Cancer Society and we'd love to say "thank you" for supporting future generations in this special way.

We understand this is a special and personal decision. If you are considering, or have included a gift in your Will to Cancer Society, we'd love to hear from you to share the impact your amazing decision can have.



# **Response Form**

Name:	
Address:	
Phone:	
Email:	

We understand choosing to leave a gift in this way is an important and personal decision. Please tick which most reflects your current thoughts on leaving a gift in your Will to Cancer Society:

I have already left a gift in my Will.

I would like to include Cancer Society in my Will.

I am considering this as an option but have not yet decided.

I have not thought about this before but would like more information.

I am not considering this as an option, currently.

Thank you for sharing, we appreciate your time and consideration. Please return this form to us at:

Cancer Society Auckland Northland, PO Box 1724, Auckland 1140 Or contact legacy@akcansoc.org.nz / 09 308 0247