

Webinar Series 2021

Strategies for coping with cancer

FREE Webinars presented by a Cancer Society Psychologist.
Join us live on Zoom and hear about strategies to help you cope with the impact of cancer on your life.

When: Fortnightly on Wednesdays
10-11am



Where: Zoom webinar.



April	28th April	Coping with Emotions and Communication
May	12th May	Stress Management and Sleeping Easy
	26th May	Strategies for Supporters
June	9th June	Finding a new normal (for people who have finished treatment)
	23rd June	Coping with Emotions and Communication
July	7th July	Stress Management and Sleeping Easy
	21st July	Strategies for Supporters

Email: psychologists@akcansoc.org.nz to register



Limited spaces available. For further information
Ph:0800 CANCER (226 237) or visit cancernz.org.nz